



# ORKLATEMPO'N 2008

Temporitt 5 km, 8,5 km og 21 km, Søndag 20.04.2008

Klasse	Dist	Nr	Fornavn	Etternavn	Klubb	Starttid	Innkomst	Sluttid
M10	5km	1	Jakob	Høvik	Gauldal SK	13:03	13:14:52	00:11:52
M 11-12	5km	1	Erik Nordsæter	Resell	TVK	13:07	13:16:05	00:09:05
		1	Filip	Ekren	Gauldal SK	13:08	13:17:59	00:09:59
		1	Trym	Olsen	TVK	13:09	13:19:08	00:10:08
K 13-14	5km	1	Trine	Oddli	Orkla CK	13:12	13:21:07	00:09:07
		2	Mia	Horsberg	Hemne SK	13:11	13:22:27	00:11:27
M 13-14	8,5km	1	Anders	Oddli	Orkla CK	13:20	13:33:43	00:13:43
		2	Thomas	Ekren	Gauldal SK	13:24	13:38:14	00:14:14
		3	Sivert Grøtan	Eriksen	Gauldal SK	13:19	13:33:29	00:14:29
		4	Andreas	Eidsli	Gauldal SK	13:18	13:32:37	00:14:37
		5	Martin	Sletta	Gauldal SK	13:22	13:37:21	00:15:21
		6	Sigurd	Claesson	IL Sverre	13:23	13:38:32	00:15:32
		7	Vegard	Høiseth	Gauldal SK	13:17	13:33:00	00:16:00
		8	Thomas	Asphaug	Gauldal SK	13:21	13:37:02	00:16:02
M 15-16	8,5km	1	Didrik Flakne	Schønberg	Stj-Blink	13:34	13:47:48	00:13:48
		2	Jon Håvard	Appelkvist	Stj-Blink	13:30	13:43:52	00:13:52
		3	Sturla	Aune	Gauldal SK	13:31	13:45:13	00:14:13
		4	Jo Inge	Sandvik	Orkla CK	13:36	13:50:31	00:14:31
		5	Sindre	Skjøstad	TVK	13:29	13:43:41	00:14:41
		6	Erik Borg	Kolsung	TVK	13:33	13:48:05	00:15:05
		7	Sondre	Aune	Gauldal SK	13:35	13:50:07	00:15:07
K 17-18	21km	1	Julie Hagerup	Appelkvist	Stj-Blink	13:43	14:18:09	00:35:09
M 17-18	21KM	1	Kristian	Svegård	CK Nor	13:53	14:22:40	00:29:40
		2	Kristian	Løberg	CK Nor	13:46	14:16:08	00:30:08
		3	Stian Andre	H.Farbu	CK Nor	13:55	14:25:29	00:30:29
		4	Bjørn Tore	Hoem	CK Nor	13:47	14:17:40	00:30:40
		5	Kristoffer	Heirsaunet	CK Nor	13:49	14:20:19	00:31:19
		6	Martin Sandmo	Skånøy	TVK	13:52	14:24:11	00:32:11
		7	Kenneth	Vold	Stj-Blink	13:54	14:27:16	00:33:16
		8	Andreas	Skogset	TVK	13:45	14:20:32	00:35:32
		9	Martin	Finstad	TVK	13:48	14:23:38	00:35:38

M SENIOR	21KM	1	Arnt Ove	Fordal	Stj-Blink	14:04	14:32:57	00:28:57
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		2	Magnus Røysum	Espeland	Neset CK	14:03	14:32:18	00:29:18
		3	Aleksander S.	Dybwad	Stj-Blink	14:08	14:37:21	00:29:21
		4	Thomas	Bremseth	Stj-Blink	14:05	14:35:08	00:30:08
		5	Per Erling	Espnes	Stj-Blink	14:07	14:37:28	00:30:28
		6	Thor Ole	Vold	Stj-Blink	14:02	14:32:33	00:30:33
		7	Glenn	Tørå	Stj-Blink	13:59	14:30:03	00:31:03
		8	Are Siljan	Børset	NTNUI	14:00	14:31:21	00:31:21
		9	Øyvind	Høiseth	TVK	14:06	14:39:53	00:33:53
		10	Geir Arne	Øfsti	Stj-Blink	14:01	14:35:30	00:34:30
<b>K SENIOR</b>	<b>21KM</b>	1	Line	Monsås	NTNUI	14:12	14:48:04	00:36:04
		2	Marit	Takla	NTNUI	14:11	14:51:32	00:40:32
<b>K 40-49</b>	<b>21KM</b>	1	Heidi	Krokdal	Hemne SK	14:16	14:51:55	00:35:55
<b>M 60-64</b>	<b>21KM</b>	1	Odd Erik	Schønberg	Stj-Blink	14:22	14:56:48	00:34:48
			Harald	Fenstad	Fosen SK	14:21	DISK	
<b>M 55-59</b>	<b>21KM</b>	1	Øyvind	Smistad	Gauldal SK	14:24	14:57:51	00:33:51
		2	Arne	Mikkelsen	TVK	14:25	15:02:01	00:37:01
<b>M 50-54</b>	<b>21KM</b>	1	Bjørn	Horsberg	Hemne SK	14:34	15:06:54	00:32:54
		2	Ole Johnny	Søreng	Hemne SK	14:32	15:04:54	00:32:54
		3	Øystein	Lorentsen	Inderøy IL	14:29	15:02:07	00:33:07
		4	Asbjørn	Andersen	Stj-Blink	14:33	15:08:50	00:35:50
		5	John Ivar	Mogseth	TVK	14:31	15:08:02	00:37:02
		6	Olav	Hagerup	Stj-Blink	14:30	15:09:23	00:39:23
<b>M 45-49</b>	<b>21KM</b>	1	Pål Erik	Krangsås	Orkla CK	14:40	15:08:38	00:28:38
		2	Rune	Johansen	Orkla CK	14:39	15:12:52	00:33:52
		3	Morten	Belsvik	Hemne SK	14:38	15:14:45	00:36:45
			Atle	Torjuul	Orkla CK	14:37	DNF	
<b>M 40-44</b>	<b>21KM</b>	1	Hugo	Strand	Rana SK	14:46	15:15:06	00:29:06
		2	Geir	Evensen	TVK	14:49	15:19:46	00:30:46
		3	Rune	Aune	CK Krank1	14:47	15:17:46	00:30:46
		4	Åge	Berg	Orkla CK	14:48	15:21:35	00:33:35
		5	Georg	Søyseth	TVK	14:45	15:19:16	00:34:16
<b>M 30-39</b>	<b>21KM</b>	1	Per Johan	Fenstad	Fosen SK	14:57	15:27:15	00:30:15
		2	Tony	Sandvold	CK Victoria	15:00	15:30:28	00:30:28
		3	Arne Inge	Hangerhager	TVK	14:58	15:29:57	00:31:57
		4	Jim	Kjerpeseth	Orkla CK	14:59	15:31:43	00:32:43
		5	Tor	Urdalen	TVK	14:55	15:29:37	00:34:37
		6	Lennart	Søreng	Hemne SK	14:54	15:29:15	00:35:15
		7	Johnny	Bergsmyr	Orkla CK	14:56	15:33:05	00:37:05